



FOR YOUR INFORMATION

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Issue 25-23

Date: 11/17/2025

FAMILY RESOURCES

The purpose of this FYI is to share information with staff about resources that are available to support families. Questions about these resources may be directed to the identified program manager(s) or, to the Parent Services Implementation Team (PSIT) by emailing parentservices@dcfs.lacounty.gov.

Family First Prevention Services Home Visiting and Mental Health Evidenced-Based Practices

Home Visiting (HV) programs are available for families with young children including expecting and parenting youth (EPY). These services last well after an open child welfare case and can provide long-term support to families.

- The HV Evidence-Based Practices (EBPs) available to families are: Healthy Families America (HFA), Nurse-Family Partnership (NFP), and Parents as Teachers (PAT).
- Information specific to each HV EBP and other home visiting programs in LA County is available [here](#).
- To refer Family Maintenance (FM), Voluntary Family Maintenance (VFM), and Expectant and Parenting Youth (EPY) families in Spa 2 and Spa 6 to the HV EBPs, complete the [blue form](#) and send it via encrypted email to HomeVisit@dph.lacounty.gov. To refer all other families countywide, complete the [white form](#) and send it via encrypted email to HomeVisit@dph.lacounty.gov.

Mental Health (MH) therapeutic interventions are available for families with children ages 6-17 where parents/other primary caregivers are primarily having difficulty parenting youth who have challenging behavioral health needs.

- The MH Evidence-Based Practices (EBPs) available to families in Spa 2 and Spa 6 **only** are: Multisystemic Therapy (MST), Functional Family Therapy (FFT), and Parent-Child Interaction Therapy (PCIT).
- Information specific to each MH EBP can be found [here](#).
- FM, VFM and EPY families in Spa 2 and Spa 6 are connected to the MH EBPs through the existing Coordinated Services Action Team (CSAT) process. To refer all other families in Spa 2 and 6, contact the [MH EBP Providers](#).

The [LA County EBP Reference Guide](#) is available to help staff select the best EBP to support a family's and/or youth's unique needs. It is important to consider if the EBP's goals and approach best align with needs identified through the CANS assessment.

Questions regarding the HV and MH EBPs can be sent to FFPSA@dcfs.lacounty.gov.

Community Based Support Division's (CBSD) purpose is to assist CSWs, SCSWs, managers, caregivers, and families in accessing the right services that will preserve, support and strengthen family systems. The [CBSD](#)



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[Program Summary for CSW SCSW](#) identifies programs, description, eligibility and referral process. CBSD programs and contact information are listed below.

- **Adoption Promotion and Support Services (APSS), Campership, Supportive Therapeutic Options Program (STOP), Family Visitation Centers/Safe Child Custody Exchange (FVC/SCCE), Incarcerated Parents Program (IPP)**
Lorna Schill schill@dcfs.lacounty.gov
- **Prevention and Aftercare (P&A), Partnerships for Families (PFF), Child Abuse Prevention, Intervention and Treatment (CAPIT)**
Marcela Pizarro pizarm@dcfs.lacounty.gov
- **Family Preservation (FP) (includes Upfront Assessments, Alternative Response Services and FP- Family Reunification), Linkages, Victims of Crime I(VOC)**
- Lorraine Alexander mezanl@dcfs.lacounty.gov

[Los Angeles County Department of Military and Veterans Affairs \(MVA\)](#) can provide veterans, service members, and their families with seamless access to the benefits and support they deserve. The MVA'S Veteran Peer Access Network (VPAN), which is the first-ever community-driven support network serving veterans and their families in the U.S., connects county departments, non-profits, the VA and L.A. City Programs. Resources available include: **Mental Health, Substance Misuse Support, Housing, Workforce Development and Employment, Education, Miscellaneous** (Food, childcare, transportation, financial assistance and more), **Legal Service, Social Connection/Recreation and Crisis Intervention**. Ask your parents on your caseload, "have you served ONE day for any branch of the military" and if they respond yes, encourage them to **contact the MVA Intake Team at (877) 452-8387**.

The **DCFS Child Care Program** supports families under the supervision of the Los Angeles County Department of Children and Family Services (DCFS) by coordinating childcare and helping parents find licensed providers. Once certified, families are eligible to receive two (2) years of subsidized childcare. [The DCFS Child Care Program Flyer](#) provides program details, eligibility and referral process. Continuing Services cases and referrals in the Emergency Response Investigation phase are eligible. More information is available on the [DCFS Child Care Program webpage](#).

If you have any questions regarding this release, please email your question to:

Policy@dcfs.lacounty.gov